



## FREE FLU CLINICS

Offered in conjunction with the San Luis Obispo Health Department

### For Students / Siblings / Parents/ Staff

The Flu is a contagious respiratory illness caused by influenza viruses. It can cause mild to severe illness, and at times can lead to death. The flu is mainly spread from person to person through coughing and sneezing.

Vaccination against the Flu is the single best way to prevent influenza.

**Free** Flu Nasal Spray vaccine and injection is now available. Three walk-in clinics have been established. Children under 18 must be accompanied by their parent or legal guardian. No appointment necessary.

DATE:	TIME	LOCATION
Tuesday, October 20, 2015	3:00-4:30 PM	Oceano Community Center 1425 19 <sup>th</sup> St., Oceano
Wednesday, October 21, 2015	3:00-4:30 PM	Dana Elementary, Library 920 W. Tefft St., Nipomo
Tuesday, October 27, 2015	3:00-4:30 PM	AGHS Multi-Purpose Room

- Persons who are ill or have an underlying medical condition should not participate in this flu clinic. Please contact your private physician to obtain an annual flu shot.